

*A New Liturgy No 8:*  
The Lord's Prayer

*A Communal Liturgy for  
Church or Living Room*



## CALL TO WORSHIP

O Creator God, we gather in Your name

**Grant us hearts to know Your will.**

O Eternal Christ, we gather in Your name

**Grant us feet to walk Your way.**

O Holy Spirit, we gather in Your name

**Grant us ears to hear Your voice.**

Please teach us how to pray.

**Please teach us how to pray.**

(space to silently open ourselves to God)

## OPENING SONG

### GOSPEL READING (Matthew 6:5-9)

The words of Jesus:

“And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. **But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.** And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, **for your Father knows what you need before you ask him.**”

“This, then, is how you should pray:

### THE LORD’S PRAYER (spoken or sung)

*Our Father in Heaven  
Hallowed is Your name  
May Your will be done,  
May Your Kingdom come  
On earth as in Heaven.*

*Give us our daily bread, Lord.  
And forgive our sin  
As we forgive those who sin against us,  
Forgive them.*

*Lead us not into trouble  
Save us from evil's hand.  
For Yours is the kingdom,  
And the glory and the power  
Amen.*



## INVITATION INTO PRACTICE

Let us enter into this prayer,  
word by word, line by line.

**Holy Spirit, please guide us as we pray.**

### ***“Our Father in Heaven”***

(Holy Space)

*Articulate the words you will use to address  
the God Jesus called “Our Father”.*

### ***“Our Father in Heaven”***

(Holy Space)

*Breath Prayer: Breathing in to speak  
a name for God, and exhaling to  
speak a prayer intention.*

***“Our Father in Heaven,  
hallowed is your name”***

*Holy, Holy, Holy  
Lord God Almighty  
Early in the morning  
Our song shall rise to Thee  
Holy, Holy, Holy  
Merciful and Mighty  
God in Three persons, blessed Trinity*

*Holy, Holy, Holy  
Though the darkness hide Thee  
Though the eye of sinful man  
Thy glory may not see  
Only Thou art holy  
There is none beside Thee  
Perfect in power, love, and purity*

*Holy, Holy, Holy  
Lord God Almighty  
All Thy works shall praise Thy Name  
In earth and sky and sea  
Holy, Holy, Holy  
Merciful and Mighty  
God in Three persons, blessed Trinity*

And so with God rightly at the center,  
we are bold to pray:

***“May Your Kingdom come,  
may Your will be done,  
on Earth as Heaven”***

(Holy Space)

*First, where do you see God already working  
to bring the Kingdom to earth?*

(Holy Space)

*Second, what is the next right step you sense  
the Spirit inviting you to take with God,  
for the sake of the world, as it is in Heaven?*

*Take my life and let it be  
Consecrated Lord to Thee  
Take my hands, and let them move  
At the impulse of Thy love  
At the impulse of Thy love*

***“Give us our daily bread, Lord”***

Jesus' words to us, according to Matthew:

“Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for bread, will give a stone? Or if the child asks for a fish, will give a snake? If you then, who are evil, know how to give good gifts to your children, how much more will your Father in heaven give good things to those who ask him! (Matt 7:7-11)

(Holy Space)

*Ask our Heavenly Parent for exactly  
what we need today. Ask, seek, and knock...*

**“And forgive our sin,  
As we forgive those who sin against us,  
forgive them.”**

(Holy Space)

*Open right hand and imagine a sin  
I committed this week*

(Holy Space)

*Humbly hold this reality in  
God’s loving presence.*

(Holy Space)

*Invite God to gently guide your memory  
to one person who has sinned against you.*

(Holy Space)

*Take a moment to humbly hold this  
person in God’s loving presence.*

#### FORGIVENESS PRAYER

Most Merciful God **(repeat)**

Forgive me **(repeat)**

Forgive them **(repeat)**

Most Merciful God **(repeat)**

Forgive me **(repeat)**

As I forgive them **(repeat)**

May your mercies flow down upon me **(repeat)**

And upon them **(repeat)**

Thank you for grace **(repeat)**

Amen and Amen. **(repeat)**

***“Lead us not into trouble,  
save us from evil’s hand.”***

(Holy Space)

*I need Thee every hour, O Gracious Lord  
No tender voice like Thine, can peace afford*

*I need Thee, O I need Thee, Every hour I need Thee  
O bless me now my Savior, I come to Thee*

*I need Thee every hour, stay Thou nearby;  
Temptations lose their pow’r when Thou art nigh.*

*refrain*

*I need Thee every hour, in joy or pain;  
Come quickly and abide, or life is vain.*

*refrain*

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On earth as in Heaven.*

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And forgive our sin  
As we forgive those who sin against us,  
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Save us from evil’s hand.  
For Yours is the kingdom,  
And the glory and the power  
Amen.*

DOXOLOGY

*Praise God from whom all blessing flow  
Praise God all creatures here below  
Praise God above ye heavenly hosts  
Praise Father, Son, and Holy Ghost  
Amen.*



//NOTES FOR CONTINUING TO PRACTICE//

The Lord's Prayer is not merely a religious rule to recite, but a framework through which we can participate with God's movement in our lives and in the world. Enter into these words with great reverence AND creative joy. Submit to the eternal wisdom of the prayer, AND let it propel you into new words, new prayers, and a fresh experience with the God who is as close as the air you breathe.

Further, if you sense God doing something particular in you during the liturgy, return to that experience over the next couple days. Keep talking to God about it. Keep listening. Allow that holy activity to find deeper root in your heart, mind and relationships.

Finally, while this prayer usually begins in a quiet space on our own, the goal is not merely to cultivate a private spirituality. While the inner journey is indispensable for a healthy soul, the full invitation of Christ is to join God in the redemption of all things. So even as The Lord's Prayer rightly invites you into contemplative postures, pay attention to the ways God draws you outward. May this prayer empower you to be God's hands and feet in your family, workplace, neighborhood, and world.



//FURTHER LITURGIES & RESOURCES//

This liturgy is based on  
**A New Liturgy No 8: The Lord's Prayer.**  
*(Released 7.7.20)*

You can download the recorded liturgy--and a few other resources--at **[anewliturgy.com](http://anewliturgy.com)**.

And if you want to continue exploring how to live and lead others in a more practice-based life, please visit **[aaroniequist.com](http://aaroniequist.com)**.

The invitation is participation.





[aaronniequist.com](http://aaronniequist.com)